

NOSTALGIA™



NRMO7YW6A

Retro 0.7 Cu. Ft. Microwave Oven

Horno Microondas Al Estilo de Retro, 0.7 Pies Cúbicos

Fours à micro-ondes style des Rétro de 20 dm³ (0,7 pi³)

Instructions

Instrucciones

Instructions

IMPORTANT SAFEGUARDS

A person who has not read and understood all operating and safety instructions is not qualified to operate this appliance. All users of this appliance must read and understand this Instruction Manual before operating or cleaning this appliance.

When using electrical appliances, basic safety precautions should always be followed, including:

1. **Read all instructions before operating this appliance.**
2. DO NOT TOUCH the hot surfaces. Use handles or knobs.
3. This appliance is NOT A TOY.
4. Unsupervised young children and cognitively challenged individuals should never operate this appliance.
5. Close supervision is necessary when any appliance is used by or near children.
6. To protect against electrical shock do not immerse cord, plug or any part of this appliance in water or other liquids.
7. Unplug from outlet when not in use, before removing parts and before cleaning. Allow to cool before putting on or taking off any parts, and before cleaning.
8. DO NOT operate any appliance with a damaged cord or plug, or after the appliance malfunctions, or if the appliance has been damaged in any manner. Return the appliance to the nearest repair shop for examination, repair or adjustment.
9. The manufacturer does not recommend the use of accessory attachments other than what is provided by the manufacturer. Use of attachments may cause injuries.
10. DO NOT use the appliance for other than its intended use.
11. DO NOT use outdoors. FOR HOUSEHOLD USE ONLY.
12. DO NOT place on or near a hot gas or electric burner, or in a heated oven.
13. DO NOT let cord hang over edge of table or counter, or touch hot surfaces.
14. NEVER leave unit unattended while in use or when plugged into an outlet.
15. Extreme caution must be used when moving an appliance containing hot food.
16. Always attach plug to appliance first, then plug cord in the wall outlet. To disconnect, turn any control to "off," then remove plug from wall outlet.

ADDITIONAL IMPORTANT SAFEGUARDS

Operating Safety Precautions

1. Avoid contact with moving parts.
2. Check appliance for presence of foreign objects prior to use.
3. NEVER put any metal objects, bowls or utensils in the microwave oven during cooking.
4. Some products, such as whole eggs and sealed containers/closed glass jars, may explode and should not be heated in this oven. Foods like potatoes, sausages or chestnuts should be peeled or pierced before cooking.
5.  NEVER put anything living into the microwave oven for risk of severe injury or death.

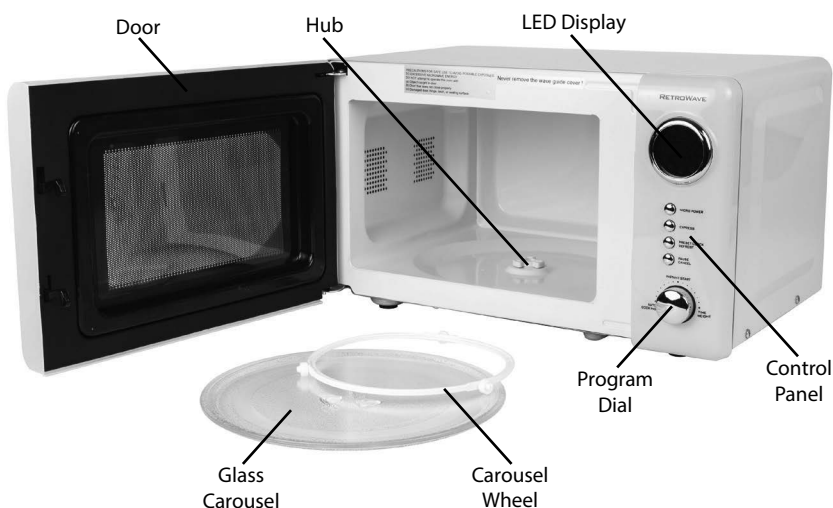
6. Use this appliance only for its intended use as described in this manual. Do not use corrosive chemicals or vapors in this appliance. This type of oven is specifically designed to heat, cook or dry food. It is not designed for industrial or laboratory use.
7. Do not cover or block any openings on the appliance.
8.  **PRECAUTIONS TO AVOID POSSIBLE EXPOSURE TO EXCESSIVE MICROWAVE ENERGY:**
 - a. Do not attempt to operate this oven with the door open; open-door operation can result in harmful exposure to microwave energy. It is important not to defeat or tamper with the safety interlocks.
 - b. Do not place any object between the oven front face and the door or allow soil or cleaner residue to accumulate on sealing surfaces.
 - c. Do not operate the oven if it is damaged. It is particularly important that the oven door close properly and that there is no damage to the: (1) door (bent), (2) hinges and latches (broken or loosened), (3) door seals and sealing surfaces.
 - d. The oven should not be adjusted or repaired by anyone except properly qualified service personnel.
9.  **To reduce the risk of fire in the oven cavity:**
 - a. Do not overcook food. Carefully attend appliance when paper, plastic or other combustible materials are placed inside the oven to facilitate cooking.
 - b. Remove wire twist-ties from paper or plastic bags before placing bag in oven.
 - c. If materials inside the oven ignite, keep oven door closed, turn oven off and disconnect the power cord or shut off power at the fuse or circuit breaker panel.
 - d. Do not use the cavity for storage purposes. Do not leave paper products, cooking utensils or food in the cavity when not in use.
 - e. Avoid built-up grease, which is flammable, by cleaning microwave with a damp cloth after use. DO NOT place inside of a dishwasher to clean.
10.  **Liquids, such as water, coffee or tea, are able to be overheated beyond the boiling point without appearing to be boiling. Visible bubbling or boiling when the container is removed from the microwave oven is not always present. THIS COULD RESULT IN VERY HOT LIQUIDS SUDDENLY BOILING OVER WHEN A SPOON OR OTHER UTENSIL IS INSERTED INTO THE LIQUID.**
11. **To reduce the risk of injury to persons:**
 - f. Do not overheat the liquid.
 - g. Stir the liquid both before and halfway through heating it.
 - h. Do not use straight-sided containers with narrow necks. Use a wide-mouthed container.
 - i. After heating, allow the container to stand in the microwave oven at least for 20 seconds before removing the container.
 - j. Use extreme care when inserting a spoon or other utensil into the container.
 - k. If the oven light fails, consult an authorized service technician or electrician.
 - l. This appliance must be properly grounded. See Grounding Instructions for information on how to ground this appliance.

PARTS & ASSEMBLY

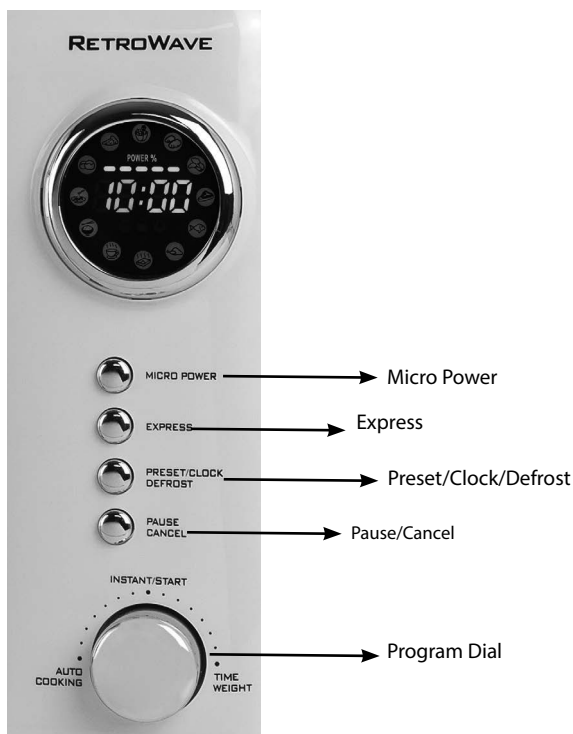
Your MICROWAVE OVEN is fully assembled.

Before using, remove all packing materials from inside the oven. Check the oven for any damage, such as misaligned or bent door, damaged door seals and sealing surfaces, broken or loose door hinges/latches and dents inside the oven or on the door. If there is any damage, DO NOT operate the oven. Return damaged items to the store where it was purchased.

PARTS



Control Panel



HOW TO OPERATE

CHOOSING A LOCATION

You will use the oven frequently, so plan its location for ease of use. Allow at least 2 inches on the sides, top and at the rear of the oven for air circulation. Do not place or install the oven in any area where heat and steam are generated; for example, next to or above a conventional gas or electric range or above a conventional wall oven. Heat and steam may damage the electronics or the mechanical parts of the oven.

AFTER PLUGGING IN

As soon as the microwave is plugged into the outlet, the LED Display will flash three times. Then the LED Display will flash ":", which prompts you to enter the time.

SETTING THE CLOCK

- While the LED Display reads ":", press the PRESET/CLOCK/DEFROST button for three seconds. The LED Display will then read 1:00 and the 1: on the left will flash.
- Turn the PROGRAM DIAL to set the hour.
- Once you have set the hour, press the PRESET/CLOCK/DEFROST button again and turn the PROGRAM DIAL to set the minutes.
- Once you have set the correct time, press the PRESET/CLOCK/DEFROST button again or wait 5 seconds. When the numbers no longer flash, the time is set.

CONTROL PANEL

PROGRAM DIAL

The PROGRAM DIAL is a multi-functioning controller. It can be used to set the time on the clock, adjust cooking time and to select a pre-defined cooking program.

- **Quick Start:** Pressing the PROGRAM DIAL once will immediately start a cooking cycle for one minute at maximum power.
- **Adjusting Time:** You can adjust the cooking time by either pressing the PROGRAM DIAL additional times to add 10-second increments, or turning the PROGRAM DIAL clockwise to increase time by seconds and counter-clockwise to decrease time by seconds.
- **Selecting a Cooking Program:** Turning the PROGRAM DIAL counter-clockwise prior to starting a cooking cycle allows you to select a cooking program. The LED Display will light up an icon to show which program is selected. If you do not understand what each icon means, refer to the chart on the following page. Once you have selected your desired program, press the PROGRAM DIAL. The LED Display will then prompt you to select the weight or number of food items. Turn the PROGRAM DIAL again to select the weight or number of food items and press the PROGRAM DIAL to begin the cooking cycle.
- **Note:** If the microwave oven is in LOCK mode, the PROGRAM DIAL will not work when pressed.

POWER

Press the MICRO POWER button to change the cooking power.

- 100 P: High Power; 100% microwave power. Applicable for quick and thorough cooking. Use for cooking foods such as meats and vegetables.
- 80 P: Medium-High Power; 80% microwave power. Applicable for medium express cooking. Use for cooking foods such as eggs, fish, rice and soup.
- 60 P: Medium Power; 60% microwave power. Applicable for steaming food.
- 40 P: Medium-Low Power; 40% microwave power. Applicable for defrosting food.
- 20 P: Low Power; 20% microwave power. Applicable for keeping food warm.

EXPRESS

Pressing the EXPRESS button once and then pressing the PROGRAM DIAL will start a 30 second cooking cycle. You may add time in 30-second increments up to 1.5 minutes by pressing the EXPRESS button again.

DEFROST

Press the PRESET/CLOCK/DEFROST button to select the cycle type. After selecting the cycle, press INSTANT/START to confirm and then use the PROGRAM DIAL to set the weight. Press INSTANT/START again to start cooking.

Display	Type	Weight Selection Options
d. 1	Defrosting meat	3.5 oz to 70 oz
d. 2	Defrosting poultry	7 oz to 98 oz
d. 3	Defrosting seafood	3.5 oz to 31.5 oz

NOTE: Halfway through defrosting, you will be prompted by three beeps to turn the food over.

PAUSE/CANCEL/LOCK

Press the PAUSE/CANCEL button once during the cooking program to pause the cooking process.

- Press the PAUSE/CANCEL button twice to cancel the current cooking program.
- Use the LOCK feature to lock the control panel when you are cleaning or so that children cannot use the oven unsupervised. All the buttons are rendered inoperable in this mode.
- To set the child lock, press and hold the PAUSE/CANCEL button for about 3 seconds. The LED Display will show the word "OFF" and a padlock icon.
- To cancel child lock, press and hold the PAUSE/CANCEL button for about 3 seconds until the LED Display shows the time again.

Automatic Cooking

To use the default cooking options programmed into the microwave, turn the PROGRAM DIAL to select the appropriate setting based on the food type and the amount of food.

Display	Food Type	Weight Selection Options
A1	POPCORN	3 oz or 3.5 oz
A2	POTATO	1 lb or 1.5 lbs
A3	VEGETABLE	3.5 oz to 18 oz.
A4	MEAT	0.4 to 1.5 lbs
A5	FISH	0.4 to 1.5 lbs
A6	CHICKEN	0.4 to 1.5 lbs
A7	REHEAT	7 oz to 35 oz
A8	BEVERAGE	8.5 oz to 17 oz.
A9	RICE	3.5 oz to 18 oz.
A10	PASTA	3.5 oz to 18 oz.
A11	BREAD	3.5 oz to 18 oz.
A12	PIZZA	1 PIECE OR 2 PIECES

COOKING

MULTI-SEQUENCE COOKING

You can program up to four separate cooking sequences for each cooking program. This is useful if you need to cook something at different power and time settings (ex. 10 minutes at 100 P, 10 minutes at 80 P, 5 minutes at 20 P).

The maximum time for each cooking sequence is 60 minutes.

1. First, select the power level by pressing the MICRO POWER button. Then use the PROGRAM DIAL to set the desired cooking time for that sequence. You must select the time or you cannot go on to the next step.
2. Press the MICRO POWER button again to add another sequence and use the PROGRAM DIAL to set time.
3. After you have set the desired number of sequences, press the INSTANT/START button to begin cooking.

DELAYED START

1. To preset your microwave to begin cooking at a later time, you must first set the current time (see above).
2. Once the time has been set, select the cooking program by pressing the MICRO POWER button.
3. Turn the PROGRAM DIAL to set your desired cooking time.
4. Press and hold the PRESET/CLOCK/DEFROST button to return to the current time, then set the desired start time by turning the PROGRAM DIAL to the hour, pressing the PRESET/CLOCK/DEFROST button to confirm the hour, and setting the minutes by turning the PROGRAM DIAL.
5. Press the PRESET/CLOCK/DEFROST button to confirm the now activated delayed start time; microwave will beep and the clock icon will flash. You may check your delayed start time by pressing the PRESET/CLOCK/DEFROST button again at any time.

NOTE: The clock must be set in order for the Delayed Start feature to work.

HELPFUL TIPS

CAROUSEL ROTATION

If the Glass Carousel inside of your microwave oven makes noise during cooking or does not seem to be rotating properly, stop the cooking process immediately by pressing the PAUSE/CANCEL button and make sure that:

- A) The Glass Carousel is properly aligned on the Carousel Wheel and Hub.
- B) There is no excess food or debris lodged underneath the Glass Carousel.

SPLATTERING

Some foods may splatter inside of the microwave when cooked in the microwave oven. It is recommended that you use a paper towel, wax paper or microwave-safe lid to loosely cover open dishes that may splatter. It is not recommended that you use plastic wrap to cover foods while cooking in the microwave oven.

FOODS

- **Eggs:** Cooking eggs with yolk intact can cause eggs to explode. It's best to puncture yolks before cooking. Never cook eggs inside of shell, or reheat whole, hardboiled eggs.
- **Nuts:** Do not cook dry nuts or seeds inside of the shell.
- **Potatoes, apples, squash, hot dogs and sausages:** Puncture the skin to allow steam to escape, or these foods could explode during cooking
- **Popcorn:** Only use microwave popcorn that is especially packaged for microwave oven cooking. Follow the directions on the packaging exactly. Never exceed the maximum cooking time on packaging.
- **Baby Food:** Never heat baby food in its container. Transfer the baby food to a microwave safe container before cooking. Check temperature before serving.
- **General:** NEVER use the microwave oven for deep fat frying or for drying wood, gourds, herbs or wet paper.

MICROWAVE SAFE COOKWARE

The following cookware is safe for microwave oven cooking:

- Glass ceramics
- Heat-resistant glass
- Microwave-safe plastics
- Paper plates
- Microwave-safe pottery, stoneware and porcelain

NEVER use the following in your microwave oven:

- Metal pans and dishes, including those with metallic trim
- Glass that is not heat-resistant
- Plastic containers that are not microwave-safe
- Paper products
- Plastic bags used for storing food or oven baking
- Objects with metal twist ties or staples attached

CLEANING & MAINTENANCE

To prolong the life of your MICROWAVE OVEN, please follow these simple instructions for maintenance.

- Unplug microwave oven or set to LOCK mode.
Never place the microwave oven in a dishwasher.
- Remove Glass Carousel and Carousel Wheel.
- Wash Glass Carousel in warm, soapy water using a non-abrasive cloth or sponge. Dry thoroughly.
- Wipe down inside and outside of microwave oven using warm, soapy water and a non-abrasive cloth or sponge. Dry thoroughly.
- Never use harsh or abrasive cleaners on the microwave oven and never use an abrasive sponge, cloth or scouring pad.